

## **NVSL Diving Rules for the Operation and Administration of the Cracker Jack (CJ) Meet**

**Purpose:** The Cracker Jack meet cultivates and invites divers of basic developing skills across all age group levels to participate in a once a season meet held under NVSL Diving's direction. The rules below specify the entry requirements, age groups, diving performance standards, and judging/refereeing criteria applicable to the Cracker Jack meet.

**Qualifications:** The Cracker Jack meet is intended only for divers with basic developing skills. Only divers whose dual/tri meet scores for the current season are all below the qualifier scores may dive in the Cracker Jack meet. The meet manager(s) shall decide the acceptance of potential meet entrants for participation in the Cracker Jack meet. (reference: paragraph 1.j. of the current year's NVSL Handbook's Diving Competition Rules) Qualifier scores are:

**FG – 67 FB – 65 JG – 99 JB – 95 IG – 136 IB – 129 SG – 155 SB – 155**

**Age Groups:** Separate events for boys and girls in the following age groups: 6 and Under (6U), 7, 8, 9, 10, 11, 12, 13 and Up (13+). Age determination as of 1 June of the current season. However, divers are permitted to dive up one age group if desired.

**Order of Dives for the Age Groups:** Divers in **age groups 6U through 10 shall perform 3 skills** and divers in **age groups 11 through 13+ shall perform 4 skills** in the order specified in the lists below:

**6U through 10**

101 or 001 only  
201, 002, or 200 only  
1 optional (jumps OK)\*

**11 through 13+**

101 or 001 only  
201 or 002 only  
2 optionals from separate dive groups (jumps OK)

\* 200 not permissible if already performed as the second skill.

Meet sheets shall be prepared and submitted per the instructions contained in the current season's NVSL-published Cracker Jack meet flyer.

**Judging/Refereeing and Performance Standards:** The standards for the Cracker Jack meet shall be the same as those for all other NVSL dive meets and follow the diving rules as specified in the NVSL Handbook, except as follows:

- divers may change front/back fall-ins (001/002) to front/back dives (101/201) and vice versa from the board and they shall be scored at their actual DD
- divers may change back dives or fall-ins (201/002) to a back jump (200) from the board as long as they are not doing a back jump as their optional and the jump will be scored at its actual DD
- divers will be allowed one "do-over" dive if the initial dive is failed
- divers performing a "do-over" dive may change to a dive of equal or lesser DD
- divers succeeding with a "do-over" will receive a max of 2 points per ref call
- divers failing the "do-over" will be rewarded ½ point by judges per ref call
- divers refusing a "do-over" on a failed dive will receive no score per ref call

- *coach assistance allowed only on dives 101/201/401/001/002/100/200*
- *divers with coach assistance on any skill will receive a max of 2 points per ref call*
- *coach assisted dives will be assigned the following DDs*
  - *101 and 201 DDs will be reduced to 0.5 and 1.0 respectively*
  - *401 DDs will be reduced to 1.0*
  - *001 and 002 DDs will retain their original DDs of 0.5 and 1.0 respectively*
  - *100 and 200 DDs will retain their original DDs, both 0.5*
- *balks/forward approach defects will be reflected in the judges' overall award score*

All referees will emphasize to their judges that twister dives being twisted manifestly from the board with no attempt by the diver to execute a jump or press upward before the twisting motion shall be rewarded scores in the unsatisfactory range.

**Disabled Diver Participation:** The meet managers will review and decide on a case by case basis granting special conditions of participation.

**(There are no changes in the Cracker Jack Ruleset for the 2018 Season).**

**Validated May 9, 2018**  
**Original May 2013**  
**Revision 1: March 9, 2016**